



## Questions to ask *Your Midwife*

1. Do you have any available for my due date/month?
2. How many births do you attend per month?
3. How long have you been practising?
4. Why did you choose to leave the hospital system?
5. I would like to hear your statistics on transfers, emergencies, deaths etc.
6. How do you handle 'emergencies'?
7. Is there any point during my pregnancy or birth that would make you to uncomfortable and you may leave?
8. Do you work alone or part of a team of midwives? Who is your backup or 2nd midwives?
9. What kind of prenatal and postpartum care do you offer?
10. What is your price structure? Payment options?
11. What do you require from your clients? What are my responsibilities?
12. Do I retain the right to decline any tests/procedures during my pregnancy?
13. (If you want to catch your own baby) How do you feel about me catching my baby or partner? Do you mum, want to catch bub alone, no midwife catching or pulling baby out?
14. What if you are not able to get to my birth for any reason?
15. Is there anything I am not 'allowed' to do?
16. Do you call yourself a hands on midwife? or Hands off midwife?
17. Do you ever guide mum to resuscitate or rub etc if mum or partner want to?



## Questions to ask *Your Birth Keeper*

1. Do you have any available for my due date/month?
2. How many births do you attend per month?
3. How long have you been practising?
4. I would like to hear your statistics on transfers, emergencies, deaths etc.
5. How do you handle 'emergencies'?
6. Who is your backup doula?
7. What kind of prenatal and postpartum care do you offer?
8. What is your price structure? Payment options?
9. What do you require from your clients? What are my responsibilities?
10. How do you feel if I decline all or certain tests/procedures during my pregnancy?
11. What if you are not able to get to my birth for any reason?
12. How do you handle if mum is bleeding to much for your liking? Or if baby isn't breathing right away?
13. Is there any point during my pregnancy or birth that would make you to uncomfortable and you may leave?